Friendship Heights Village Center



Calendar of Events 2006

SUNDAY	N	O V	E M WEDNESDAY	B E R THURSDAY	FRIDAY	SATURDAY
If you need your lic other services the I year, make sure to o	s in December ense renewed or to retu Mobile MVA provides be come Monday, Nov. 27 b not be here in Decembe	urn tags or any of the efore the end of the between 10 a.m. and	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1:30 p.m.: Healthy Aging 7:30 p.m.: Concert: The American Trio	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 12 p.m.: Low Vision Lunch and Learn 5:30 p.m.: Bones for Life 6 p.m.: Scrabble 7 p.m.: Movie: A Prairie Home Companion	3 10 a.m. – 2 p.m.: Flu Shots 10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m. to 5 p.m.: "A Holiday Affair" Craft Fair
9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting	Election Day Polls open 7 a.m 8 p.m. 8:15 a.m.: Walking Club	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1 p.m.: Suburban Lecture: Cardio- Vascular Health 1 p.m.: Health Insurance Counseling 6:30 p.m.: Spanish 1 7:30 p.m.: Concert: Greg Harrison Jazz Band	9 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Depart for Shop Around 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 5:30 p.m.: Bones for Life 6 p.m.: Scrabble 7:30 p.m.: Judith Warner	Veterans Day Center Open 9 a.m. to 2 p.m. 10:30 a.m.: Coffee and Current Events	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6 p.m.: Depart for the Kennedy Center 7:30 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1:30 p.m.: Healthy Aging 6:30 p.m.: Spanish 1 7:30 p.m.: Concert: Barrie Goodman	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 5:30 p.m.: Bones for Life 6 p.m.: Scrabble 7 p.m.: Café Muse	17 10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group	18 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Book Signing with David Maraniss: Clemente	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Jim Vandelly	Happy Thanksgiving! Center Closed	9 a.m. to 2 p.m. 10:30 a.m.: Coffee and Current Events	8:15 a.m.: Walking Club
26 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m 2 p.m.: MVA Bus 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting	28 8:15 a.m.: Walking Club 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture Painting 6:30 p.m.: Spanish 1 7:30 p.m.: Concert: Vocal Express	8:15 a.m.: Walking Club 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7:30 p.m.: E.J. Dionne	Village Council meetings are held the sec ond Monday of each month at the Village Center. The next meeting will be Tuesday Nov. 13, at 8 p.m. The agenda for the meeting is sent to the manager of each building in the Village the week before the meeting with the request that it be posted.	

Shuttle bus hours



Monday through Friday Saturday and Sunday

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m. Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

SPECIAL LUNCH AND CONCERT

Join us for a very special holiday luncheon and concert on Friday, Dec. 1, at 12:15 p.m. The menu will be roast turkey with dressing and gravy, sweet potatoes, green beans, salad, and pumpkin pie for dessert. Lunch will be prepared by Jelena Koprivica and her staff at Brighton Gardens. The cost is \$10, which must be paid when you make your reservation. Please reserve your seat by Wednesday, Nov. 29, at noon. There are 30 spaces available.

Following lunch, please stay for a festive handbell concert. The Four English Handbell Ringers from St. Matthew's United Methodist Church in Annandale, Va. will play holiday music at 1 p.m. The highlight of the program will be audience participation. Each member of the audience will get a chime or a bell and instructions on when to play the instrument. Much frivolity and holiday spirit will be experienced by all participants!